

Effective August 1, 2020, the Commonwealth of Massachusetts has in effect a [Travel Order](#) that requires anyone arriving from a higher risk state to have proof of a negative COVID test taken on a date within 72 hours of arrival in Massachusetts OR undertake a 14 day quarantine. Note that this applies to:

- People who have been living in a higher risk state
- People who have traveled to a higher risk state within 14 days of coming or returning to Massachusetts

Those arriving from a higher risk state who do not comply with this requirement are subject to a civil fine of \$500 per day. Each person arriving in Massachusetts from a higher risk state must complete the Massachusetts Travel Form; Fitchburg State University also requires a separate form (links to both forms appear below). The current map of low-risk/higher-risk travel states can be seen [here](#).

This Travel Order applies to any travel done while the Order is in effect. If you travel to a higher risk state at any time the Travel Order is still in effect, you must register again with both Massachusetts and Fitchburg State. Upon your return, you will need to quarantine for 14 days or until a negative COVID-19 test is obtained.

In addition to randomized surveillance testing, Fitchburg State offers free convenience testing to all students and employees weekly on Wednesdays and Thursdays from 9:00 AM - 4:00 PM in the Miller Oval. **As always, if students or staff exhibit symptoms of COVID-19, they should remain where they are. DO NOT COME TO CAMPUS WITH SYMPTOMS.**

This process described below applies to students who have been living in a higher risk state as well as students who have visited a higher risk state within 14 days of arriving on or returning to campus.

Note: People who regularly commute, at least weekly, outside of Massachusetts to a fixed place to attend school or work or any person who regularly commutes, at least weekly, into Massachusetts to a fixed place to attend school or work, meet the criteria for transitory travel exemption and are not subject to the 72 hour test or 14 day quarantine; in either case, this exception applies only to travel to and from the person's residence and place of work or school. Workers or students who travel to any place that is not their home state for personal or leisure reasons cannot rely on this exemption.

#### **All Students:**

- Contact the Office of Student Affairs (call 978.665.3130 or email [studentaffairs@fitchburgstate.edu](mailto:studentaffairs@fitchburgstate.edu)).
- Fill out the [Massachusetts Travel Form](#)
- Fill out the [Fitchburg State Student Travel Form](#)
- The Commonwealth of Massachusetts has published [tips about quarantining or self-isolating](#).

**Residential Students** arriving from higher risk states and international locations:

- Do not come to campus if you are exhibiting symptoms.
- Follow the guidance above for All Students.
- You will:
  1. Take at least 14 days worth of belongings with you to your quarantine location, including linens. We anticipate receiving the results back within 72 hours or less. However, you should be prepared for the full quarantine period in case of a positive result.
  2. The COVID Case Management Team will help arrange for you to be safely escorted to and from the next COVID testing session on campus (offered every Wednesday and Thursday).
  3. Once you enter your room in your quarantine location, you may not leave the building until a negative result is provided
  4. If a positive result is provided, or if COVID symptoms develop, you will transition to an off-campus location or, if that is not possible because your permanent home/support network is too far away or you are homeless, move into an assigned self-isolation location.
  5. The Commonwealth of Massachusetts has published [tips about quarantining or self-isolating](#).
- Food will be provided to you by Chartwells, our food service vendor.
- You will receive information specific to your living situation in regards to using bathroom spaces.
- You will attend class remotely during the quarantine period.
- Any additional items you may need must be delivered to University Police and will be brought to your residence.

**Commuter Students** arriving from higher risk states and international locations:

- Do not come to campus if you are exhibiting symptoms.
- Follow the guidance above for All Students.
- Quarantine in your off campus apartment or residence for fourteen days or until a negative result is provided. If a positive result is provided or COVID-19 symptoms develop, remain in self-isolation, contact your Primary Care Physician, and notify the Office of Student Affairs (978.665.3130 or [studentaffairs@fitchburgstate.edu](mailto:studentaffairs@fitchburgstate.edu)).
- You will attend class remotely during the quarantine period.