

# Study Abroad Experience GUIDE

Incorporating your Study Abroad Experience into your **Resume, Cover Letter & LinkedIn**



Study abroad can be a life-changing experience, and can help you to build or refine skills that are highly desirable to employers. These skills can include language proficiency, cultural understanding, tolerance for ambiguity, adaptability, persistence, and self-confidence.

As you are preparing your documents for internships and job applications as yourself the following questions:

- What skills did you develop while abroad? (Think “hard skills” like Spanish, GIS, etc, as well as “soft skills” like leadership and adaptability)
- How could these study abroad skills be applied in a professional context?

**Option 1:** Add it to your Education section.  
Include the institution or course that you completed and the location.

**Option 2:** Add it to your Experience section.  
This is good for programs that include and internship or hands-on experience.

**Option 3:** Add it to a Projects section.  
This is great for research, arts, or any program where you completed a project.

**Option 4:** Include some of the skills you gained in your study abroad experience in your skills section if applicable to what you are applying to.

## ► Resume

Depending on your study abroad experience and the field you are planning to go into you have a few options of where to List Study Abroad on your resume. As you update your resume, keep your audience in mind and think about why you want your future employer to know about study abroad and what skills you are highlighting. This will inform how you add study abroad to your resume.

**Claude Abroad**  
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**EDUCATION**

**Fitchburg State University, Fitchburg, MA** **Anticipated: May 2026**  
Bachelor of Science, Human Services, Minor: Disability Studies

**University of Verona, Verona Italy** **May 2024 – June 2024**  
Course: Mediterranean Diet and Lifestyle

**EXPERIENCE**

**Peer Career Assistant** **Sept 2023 – Present**  
**Career Services and Advising, Fitchburg State University**

- Provide general office support including staffing the front desk, welcoming students and answering questions, creating appointments and answering phones
- Assist students with resume writing and cover letter editing

**Nursing Student Assistant** **March 2023**  
**Sarapiquí, Costa Rica**

- Gained understanding of the issues and factors constraining the achievement of public health goals around the world
- Participated in community health fairs distributing information on vaccinations and disease prevention
- Nursing home shadowing experience

**PROJECTS**

**Arts and Game Design Program** **May 2025 - June 2025**  
**Tokyo & Kyoto, Japan**

- Cultural activities from both traditional and modern Japan in relation to Japanese Game Art Aesthetics.
- Toured several game design studios and learned about their development
- Presented final research project on the influence of traditional shoin architecture on modern game design

**SKILLS**

**Computer:** PC and Mac Operating Systems, Adobe Creative Cloud, Social Media platforms  
**Clinical:** Checking and monitoring vital signs, proper PPE  
**Interests:** International travel, art and design, health sciences, language learning  
**Languages:** Advanced Spanish, Conversational Italian

## ► Cover Letter

As you brainstorm your cover letter, consider what skills you developed while you studied abroad. Below are some examples:

### **Ability to Adapt to a New Environment**

Perhaps you needed to navigate a new city, learn new ways of communicating

### **Effectively Communicating Across Cultures**

Consider communication skills including language skills or across different cultural norms

### **Gained a Global Perspective**

Travel abroad can give you a new perspective on the global community and a deeper understanding of the people around you. Share any insights you gained

### **Being Flexible**

What steps did you take to overcome any challenges abroad, did you overcome ambiguity or unexpected obstacles?

### **Multitasking**

Emphasize your ability to keep organized and resourceful in order to while abroad and to complete all the necessary steps to be able to study abroad as part of your time at college

## ► LinkedIn

Similar to your resume, you can add your study abroad experience on your LinkedIn profile. You can add it to your “Education” section or in the “Experience” or “Volunteer” section if you participated in some form of experiential learning like an internship, research, or service learning while abroad.

Include as much detail as you’d like and focus on and skills knowledge that is applicable to your desired job or internship,

If you were improving any language skills add these to your “Skills” section

